



APRIL 2017: K-8 Breakfast Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| 3 Egg or Cheese Omelet on a Soft Roll Warm Carrot Cheese Bread Land O'Lakes® Colby Cheese Stick 100% Fruit Juice | 4 Whole Grain Bagel with Cream Cheese & Jelly Organic Stonyfield® Yogurt Served with Craisins & Granola Seasonal Fresh Fruit | 5 Cinnamon Pancakes Served with Syrup Turkey Sausage Patty Hot Oatmeal Warm Peach Topper 100% Fruit Juice | New York Thursday 6 Upstate Farms® Strawberry Yogurt Whole Grain Croissant Honey Roasted Sunflower Seeds Champlain Valley NY Apple Slices | 7 Cheese Omelet Soft Wrap with Salsa San Franola Granola Bowl® 100% Fruit Juice |
| Spring Recess 10 Beef Sausage & White Cheddar Sandwich Warm Banana Bread Land O'Lakes® Mozzarella Cheese Stick 100% Fruit Juice | Spring Recess 11 Whole Grain Bagel with Cream Cheese & Jelly Organic Stonyfield® Yogurt Served with Craisins & Granola Seasonal Fresh Fruit | Spring Recess 12 Blueberry Pancakes Served with Syrup Turkey Canadian Bacon Hot Oatmeal Warm Peach Topper 100% Fruit Juice | Spring Recess 13 Yogurt Parfait Warm Zucchini Bread Hot Oatmeal Warm Peach Topper Fresh NY Apples | Spring Recess 14 Canadian Bacon, Egg & Cheese on an English Muffin Hot Oatmeal Warm Peach Topper 100% Fruit Juice |
| Spring Recess 17 Beef Sausage & White Cheddar Sandwich Warm Cinnamon Apple Bread Land O'Lakes® Cheddar Cheese Stick 100% Fruit Juice | Spring Recess 18 Whole Grain Bagel with Cream Cheese & Jelly Organic Stonyfield® Yogurt Served with Craisins & Granola Seasonal Fresh Fruit | 19 Tasty Waffles Served with Syrup Turkey Sausage Patty Hot Oatmeal Warm Peach Topper 100% Fruit Juice | New York Thursday 20 Upstate Farms® Strawberry Banana Yogurt Whole Grain Croissant Honey Roasted Sunflower Seeds Champlain Valley NY Apple Slices | 21 Ham Egg & Cheese on a Soft Roll Back to the Roots® Organic Purple Corn Flakes Bowl Hot Oatmeal Warm Peach Topper 100% Fruit Juice |
| 24 Turkey Bacon, Egg & Cheese Breakfast Toast Warm Blueberry Yogurt Bread Land O'Lakes® Mozzarella Cheese Stick 100% Fruit Juice | 25 Whole Grain Bagel with Cream Cheese & Jelly Organic Stonyfield® Yogurt Served with Craisins & Granola Seasonal Fresh Fruit | 26 French Toast Sticks Served with Syrup Turkey Canadian Bacon Hot Oatmeal Warm Peach Topper 100% Fruit Juice | New York Thursday 27 Upstate Farms® Cherry Vanilla Yogurt Nature Valley™ Oats 'n Honey Granola Bar Hot Oatmeal Warm Peach Topper Fresh NY Apples | 28 Omelet with Cheese Buttermilk Biscuit Hot Oatmeal Warm Peach Topper 100% Fruit Juice |

EVERY KiD HEALTHY™
 April 24-28 is Every Kid Healthy Week



EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD

Offered Daily: Milk (1% low fat, fat free), Seasonal Fresh Fruit (Apples, Oranges, Bananas, Pears), Canned Fruit, 100% Fruit Juice (Apple, Fruit Punch, Grape, Orange), Assorted Cold Cereal

Cold Cereal Choices: Frosted Mini Wheats, Cinnamon Flakes, Multi-Grain Toasted Oats, Raisin Bran, Back to the Roots Organic Purple Corn Flakes, Back to the Roots Cinnamon Cereal

Breakfast Dipping Sauces (served with all hot sandwiches ONLY): Ketchup, Hot Sauce, Salsa

K to 8 Breakfast Menu



MENUS ARE SUBJECT TO CHANGE