

SEPTEMBER 2018: Pre-K - 8 Lunch Menu

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Monday	Tuesday	Wednesday		Thursday	Friday
JUMPSTART MONDAY	BURGER	CHICKEN		NEW YORK THURSDAY	PIZZA
Labor Day 3	4	First Day of Classes	5	New York Thursday 6	7
Mozzarella Sticks Marinara Sauce Pasta Choice Slow Roasted Carrots Salad Bar Garden Greens	100% Beef New York Hamburgers & Cheeseburgers Turkey Burgers French Fries Hot Confetti Corn Salad Bar Burger Fixin's	Popcorn Chicken Served With Mac-n-Cheese Broccoli Trees Salad Bar Traditional		Chicken Dumplings Served with Vegetable Fried Rice & Egg Roll New York Cookie Treat Fresh New York Apples Salad Bar Local New York	Classic Cheese Pizza Meat Lovers Pizza Garlic Knot Marinara Sauce Roasted Chickpeas with Spinach Cilantro Pesto Salad Bar Pizza Toppings
Rosh Hashanah 10	Rosh Hashanah 11	1	12	New York Thursday 13	14
Veggie Tacos A Blend of Veggies & Mexicali Beans Served in a Hard Taco Shell Sweet Plantains Salad Bar Taco Station	100% Beef Hamburgers & Cheeseburgers Turkey Burgers Bruschetta Tomato Salad French Fries Salad Bar Burger Fixin's	Crispy Chicken Waffle Sandwich Home Fries Creamed Spinach Salad Bar Traditional		Jamaican Beef Patty Fish & Cheese Sandwich Roasted Zucchini New York Chocolate Chip Cookie New York Apple Slices Salad Bar	Classic Cheese Pizza Ranch Chicken Pizza Garlic Knot Marinara Sauce Marinated Bean Salad Salad Bar Pizza Toppings
17	18	Yom Kippur 1	19	New York Local New York Thursday 20	21
Grilled Cheese Onion Rings Garlicky Green Beans Frito-Lay® SunChips® Salad Bar Garden Greens	100% Beef New York Hamburgers & Cheeseburgers Turkey Burgers Sweet Potato Waffle Fries Salad Bar Burger Fixin's	Popcorn Chicken Garlic Toast Mashed Potatoes with Gravy Broccoli Trees New York Cookie Treat Salad Bar		Bite Size Beef Tacos Served with Baked! Tostitos® Scoops® Stewed Pinto Beans New York Apple Slices Salad Bar Taco Station	Classic Cheese Pizza Supreme Pizza Garlic Knot Marinara Sauce Crispy Kale Chips Ranch Carrot Snacker Salad Bar
	24.90.1.0	Traditional			Pizza Toppings
24	25	2	26	New York Thursday 27	28
Mozzarella Sticks Marinara Sauce Pasta Choice Slow Roasted Carrots Frito-Lay® SunChips® Salad Bar Garden Greens	100% Beef Hamburgers & Cheeseburgers Turkey Burgers French Fries Hot Confetti Corn Salad Bar Burger Fixin's	Popcorn Chicken Served With Mac-n-Cheese Broccoli Trees Salad Bar Traditional		Chicken Dumplings Served with Vegetable Fried Rice & Egg Roll New York Cookie Treat Fresh New York Apples Salad Bar Local New York	Classic Cheese Pizza Meat Lovers Pizza Garlic Knot Marinara Sauce Roasted Chickpeas with Spinach Cilantro Pesto Salad Bar Pizza Toppings
		OFFERED DAILY		EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	
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Entree Alternatives PB&J Sandwich

- Cheese Sandwich
- Assorted Deli Sandwiches
- Hummus Grab & Go

 Grab and Go Salads Available on Tuesday & Thursday

Milk

1% Low-fat Fat Free **Fat Free Chocolate**

Dipping Sauce Cups BBQ, Ranch, **Honey Mustard**

Fresh Fruit

or sweeteners in all **SchoolFood Products**

<u>Dressings</u> Chipotle Ranch **Balsamic Vinaigrette** Ranch Asian Sesame **Honey Mustard** Caesar French

Italian Vinaigrette

Flavor Station Granulated Garlic Red Pepper Flakes Parmesan Cheese

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No Artificial flavors, colors,

ATTENTION:

All Pre-K Students CANNOT be Offered CHOCOLATE MILK





