



## JANUARY 2020: Pre-K - 8 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
MEATLESS MONDAY	CHICKEN	CULINARY	NEW YORK THURSDAY	PIZZA
		Winter Recess 1	New York Thursday 2	3
<p style="font-size: small; margin-top: 5px;">EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED &amp; PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN</p>	<p style="font-weight: bold; margin: 0;">Daily Lunch Specials</p> <ul style="list-style-type: none"> <li>• Peanut Butter &amp; Jelly</li> <li>• Sunbutter &amp; Jelly</li> <li>• Cheese Sandwich</li> <li>• Hummus Grab &amp; Go</li> <li>• Tuna or Turkey Sandwich (Not available on Monday)</li> </ul>	<p><b>Baked Mozzarella Sticks</b> with Marinara Dipping Sauce</p> <p><b>Roasted Fresh Broccoli &amp; Cauliflower</b></p> <p style="color: #6a3d9a; font-weight: bold; font-size: small;">Salad Bar</p> <p style="font-size: x-small;">Garden Greens</p>	<p><b>New York Beef Hamburgers &amp; Cheeseburgers*</b></p> <p style="color: #6a3d9a; font-weight: bold; font-size: small;">Baked New York French Fries</p> <p style="color: #6a3d9a; font-weight: bold; font-size: small;">Fresh New York Apples</p> <p style="color: #6a3d9a; font-weight: bold; font-size: small;">Grab-n-Go</p> <p style="color: #6a3d9a; font-weight: bold; font-size: small;">Asian Sesame Chicken Salad</p> <p style="color: #6a3d9a; font-weight: bold; font-size: small;">Salad Bar</p> <p style="font-size: x-small;">Burger/Sandwich Fixin's</p>	<p style="font-weight: bold; color: #6a3d9a;">!!! PIZZA !!!</p> <p style="font-size: x-small;">Chicken Ranch Pizza</p> <p style="font-size: x-small;">Green Garden Salad</p> <p style="color: #6a3d9a; font-weight: bold; font-size: x-small;">Salad Bar</p> <p style="font-size: x-small;">Pizza Toppings Featuring Cold Chickpea Salad</p>
6	7	8	New York Thursday 9	10
<p><b>Grilled Cheese Sandwich</b></p> <p style="font-size: x-small;">Fresh Broccoli with Garlic &amp; Oil</p> <p style="color: #6a3d9a; font-weight: bold; font-size: small;">Salad Bar</p> <p style="font-size: x-small;">Garden Greens</p>	<p><b>Peach BBQ Chicken Drumstick*</b></p> <p style="font-size: x-small;">Honey Corn Muffin</p> <p style="font-size: x-small;">Slow Roasted Carrots</p> <p style="color: #6a3d9a; font-weight: bold; font-size: small;">Salad Bar</p> <p style="font-size: x-small;">Traditional</p>	<p style="color: #e91e63; font-weight: bold; font-size: small;">PROMO</p> <p><b>Mashed Potato Bowl</b></p> <p style="font-size: x-small;">Toasted Garlic Bread</p> <p style="font-size: x-small;">Grab-n-Go</p> <p><b>Chicken Caesar Salad</b></p> <p style="color: #6a3d9a; font-weight: bold; font-size: small;">Salad Bar</p> <p style="font-size: x-small;">Garden Greens</p>	<p style="color: #6a3d9a; font-weight: bold; font-size: small;">GOLDEN KRUST®</p> <p><b>Jamaican Beef Patty</b></p> <p style="font-size: x-small;">Roasted Zucchini</p> <p style="font-size: x-small;">New York Cookie Treat</p> <p style="font-size: x-small;">Fresh New York Apples</p> <p style="font-size: x-small;">Grab-n-Go</p> <p><b>Chicken Caesar Salad</b></p> <p style="color: #6a3d9a; font-weight: bold; font-size: small;">Salad Bar</p> <p style="font-size: x-small;">New York Local</p>	<p style="font-weight: bold; color: #6a3d9a;">!!! PIZZA !!!</p> <p style="font-size: x-small;">Assorted Toppings</p> <p style="font-size: x-small;">Green Garden Salad</p> <p style="color: #6a3d9a; font-weight: bold; font-size: x-small;">Salad Bar</p> <p style="font-size: x-small;">Pizza Toppings Featuring Balsamic Chickpea Salad</p>
13	14	15	New York Thursday 16	17
<p><b>Baked Mozzarella Sticks</b> with Marinara Dipping Sauce</p> <p><b>Roasted Fresh Broccoli &amp; Cauliflower</b></p> <p><b>Rold Gold® Heartzels</b></p> <p style="color: #6a3d9a; font-weight: bold; font-size: small;">Salad Bar</p> <p style="font-size: x-small;">Garden Greens</p>	<p><b>Baked Chicken Bites</b></p> <p style="font-size: x-small;">Garlicky Green Beans</p> <p style="color: #6a3d9a; font-weight: bold; font-size: small;">Warm New York Dinner Roll</p> <p style="color: #6a3d9a; font-weight: bold; font-size: small;">Salad Bar</p> <p style="font-size: x-small;">Traditional Featuring Carrot Lemon Salad</p>	<p style="color: #e91e63; font-weight: bold; font-size: small;">PROMO</p> <p><b>Bite Size Beef Tacos</b></p> <p style="font-size: x-small;">Confetti Corn</p> <p style="font-size: x-small;">Baked! Tostitos® Scoops®</p> <p style="font-size: x-small;">Grab-n-Go</p> <p><b>Chopped Salad</b></p> <p style="color: #6a3d9a; font-weight: bold; font-size: small;">Salad Bar</p> <p style="font-size: x-small;">Burger/Sandwich Fixin's</p>	<p><b>Teriyaki Chicken Dumplings*</b></p> <p style="font-size: x-small;">Vegetable Rice</p> <p style="font-size: x-small;">Orange Ginger Carrots</p> <p style="font-size: x-small;">Fresh New York Apples</p> <p style="font-size: x-small;">New York Cookie Treat</p> <p style="font-size: x-small;">Grab-n-Go</p> <p><b>Chopped Salad</b></p> <p style="color: #6a3d9a; font-weight: bold; font-size: small;">Salad Bar</p> <p style="font-size: x-small;">New York Local</p>	<p style="font-weight: bold; color: #6a3d9a;">!!! PIZZA !!!</p> <p style="font-size: x-small;">Margherita Pizza</p> <p style="font-size: x-small;">Green Garden Salad</p> <p style="color: #6a3d9a; font-weight: bold; font-size: small;">Salad Bar</p> <p style="font-size: x-small;">Pizza Toppings Featuring Cranberry Chickpea Salad</p>
Martin Luther King Day 20	21	22	New York Thursday 23	24
<p><b>Mac-n-Cheese</b></p> <p style="font-size: x-small;">Toasted Garlic Bread</p> <p style="font-size: x-small;">Baked Broccoli</p> <p style="color: #6a3d9a; font-weight: bold; font-size: small;">Salad Bar</p> <p style="font-size: x-small;">Garden Greens</p>	<p><b>Baked Chicken Tenders</b> With Dipping Sauce</p> <p><b>Baked Sweet Potato Waffle Fries</b></p> <p style="font-size: x-small;">Baked! Tostitos® Scoops® Served with Salsa Cup</p> <p style="color: #6a3d9a; font-weight: bold; font-size: small;">Salad Bar</p> <p style="font-size: x-small;">Traditional</p>	<p style="color: #e91e63; font-weight: bold; font-size: small;">PROMO</p> <p><b>Sweet &amp; Sour Chicken Bowl</b> Served with Vegetable Rice</p> <p style="font-size: x-small;">Garlicky Green Beans</p> <p style="color: #6a3d9a; font-weight: bold; font-size: small;">Salad Bar</p> <p style="font-size: x-small;">Garden Greens</p>	<p><b>New York Beef Hamburgers &amp; Cheeseburgers*</b></p> <p style="color: #6a3d9a; font-weight: bold; font-size: small;">Baked New York French Fries</p> <p style="color: #6a3d9a; font-weight: bold; font-size: small;">Fresh New York Apples</p> <p style="color: #6a3d9a; font-weight: bold; font-size: small;">Grab-n-Go</p> <p style="color: #6a3d9a; font-weight: bold; font-size: small;">Asian Sesame Chicken Salad</p> <p style="color: #6a3d9a; font-weight: bold; font-size: small;">Salad Bar</p> <p style="font-size: x-small;">Burger/Sandwich Fixin's</p>	<p style="font-weight: bold; color: #6a3d9a;">!!! PIZZA !!!</p> <p style="font-size: x-small;">Chicken Ranch Pizza</p> <p style="font-size: x-small;">Green Garden Salad</p> <p style="color: #6a3d9a; font-weight: bold; font-size: small;">Salad Bar</p> <p style="font-size: x-small;">Pizza Toppings Featuring Cold Chickpea Salad</p>
27	28	29	30	31
<p><b>Grilled Cheese Sandwich</b></p> <p style="font-size: x-small;">Fresh Broccoli with Garlic &amp; Oil</p> <p style="color: #6a3d9a; font-weight: bold; font-size: small;">Salad Bar</p> <p style="font-size: x-small;">Garden Greens</p>	<p><b>Peach BBQ Chicken Drumstick*</b></p> <p style="font-size: x-small;">Honey Corn Muffin</p> <p style="font-size: x-small;">Slow Roasted Carrots</p> <p style="color: #6a3d9a; font-weight: bold; font-size: small;">Salad Bar</p> <p style="font-size: x-small;">Traditional</p>	<p style="color: #e91e63; font-weight: bold; font-size: small;">BRUNCH</p> <p><b>Chicken &amp; Waffles</b></p> <p style="font-size: x-small;">Home Fries</p> <p style="font-size: x-small;">Grab-n-Go</p> <p><b>Chicken Caesar Salad</b></p> <p style="color: #6a3d9a; font-weight: bold; font-size: small;">Salad Bar</p> <p style="font-size: x-small;">Burger/Sandwich Fixin's</p>	<p style="color: #6a3d9a; font-weight: bold; font-size: small;">GOLDEN KRUST®</p> <p><b>Jamaican Beef Patty</b></p> <p style="font-size: x-small;">French Fries</p> <p style="font-size: x-small;">New York Cookie Treat</p> <p style="font-size: x-small;">Fresh New York Apples</p> <p style="font-size: x-small;">Grab-n-Go</p> <p><b>Chicken Caesar Salad</b></p> <p style="color: #6a3d9a; font-weight: bold; font-size: small;">Salad Bar</p> <p style="font-size: x-small;">New York Local</p>	<p style="font-weight: bold; color: #6a3d9a;">!!! PIZZA !!!</p> <p style="font-size: x-small;">Assorted Toppings</p> <p style="font-size: x-small;">Green Garden Salad</p> <p style="color: #6a3d9a; font-weight: bold; font-size: small;">Salad Bar</p> <p style="font-size: x-small;">Pizza Toppings Featuring Balsamic Chickpea Salad</p>

### OFFERED DAILY

**Milk**  
1% Low-fat  
Fat Free  
Fat Free Chocolate

**Dipping Sauce Cups**  
BBQ, Ranch,  
Honey Mustard

**Fresh Fruit**

\* These recipes are offered on both this menu and the Scratch Cooked menu

No Artificial flavors, colors, or sweeteners in all OFNS Products

**Dressings**  
Chipotle Ranch  
Balsamic Vinaigrette  
Ranch  
Asian Sesame  
Honey Mustard  
Caesar  
French  
Italian Vinaigrette

**Flavor Station**  
Granulated Garlic  
Red Pepper Flakes  
Parmesan Cheese

Pre-K - 8  
Lunch Menu

### ATTENTION:

All Pre-K Students CANNOT be Offered CHOCOLATE MILK or BONE-IN CHICKEN