




DECEMBER 2018: Breakfast Express Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	New York Thursday 6	7
Breakfast Kit (2) Sun Butter Cup Graham Crackers Grape Jelly 100% Fruit Juice	Organic Stonyfield® Yogurt Honey Roasted Sunflower Seeds Craisins	Whole Grain Bagel with Cream Cheese & Jelly Fresh Fruit	Yogurt Parfait Land O'Lakes® Cheddar Cheese Stick New York Apple Slices	Blueberry Muffin Back to the Roots® Cinnamon Clusters Fresh Fruit
10	11	12	New York Thursday 13	14
Breakfast Kit (4) Apple Cinnamon Cheerios® Graham Crackers 100% Orange Tangerine Juice	Organic Stonyfield® Yogurt Banana Muffin Fresh Fruit	Whole Grain Bagel with Cream Cheese & Jelly Fresh Fruit	Yogurt Parfait Land O'Lakes® Mozzarella Cheese Stick Fresh New York Apples	Apple Cinnamon Muffin Back to the Roots® Purple Corn Flakes Fresh Fruit
17	18	19	New York Thursday 20	21
Breakfast Kit (5) Fruity Cheerios® Graham Crackers 100% Apple Juice	Organic Stonyfield® Yogurt Honey Graham Biscuits Fresh Fruit	Whole Grain Bagel with Cream Cheese & Jelly Fresh Fruit	Yogurt Parfait Land O'Lakes® Colby Cheese Stick New York Apple Slices	Honey Corn Muffin Back to the Roots® Purple Corn Flakes Fresh Fruit
Winter Recess 24	Winter Recess 25	Winter Recess 26	Winter Recess 27	Winter Recess 28
Breakfast Kit (2) Sun Butter Cup Graham Crackers Grape Jelly 100% Fruit Juice	Organic Stonyfield® Yogurt Honey Roasted Sunflower Seeds Craisins	Whole Grain Bagel with Cream Cheese & Jelly Fresh Fruit	Yogurt Parfait Land O'Lakes® Cheddar Cheese Stick New York Apple Slices	Blueberry Muffin Back to the Roots® Cinnamon Clusters Fresh Fruit
Winter Recess 31				
Breakfast Kit (4) Apple Cinnamon Cheerios® Graham Crackers 100% Orange Tangerine Juice			 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	

<u>MILK</u> 1% Low-fat Fat Free Fat Free Chocolate	<u>Fresh Fruit</u> <u>Canned Fruit</u> Peaches, Pears, Pineapples	<u>OFFERED DAILY</u> No Artificial flavors, colors, or sweeteners in all SchoolFood Products Breakfast Express / Breakfast in the Classroom Menu	<u>Cold Cereal Choices</u> Frosted Mini Wheats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats Back to the Roots® Organic Purple Corn Flakes & Cinnamon Clusters
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ATTENTION:
 All Pre-K Students CANNOT be Offered CHOCOLATE MILK and Can Only Have JUICE on MONDAYS.