



## JULY 2018: Breakfast Express Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
<b>Fruity Cheerios®</b>  <b>Honey Graham Crackers</b>  100% Apple Juice	<b>Banana Muffin</b>  <b>Organic Stonyfield® Yogurt</b>  Fresh Fruit	<b>INDEPENDENCE DAY</b>  <b>Whole Grain Bagel</b> with Cream Cheese & Jelly  Fresh Fruit	<b>New York Thursday</b>  <b>Upstate Farms®</b> <b>Yogurt Choice</b>  Served with Craisins & Granola  <b>New York Apple Slices</b>	<b>Blueberry Muffin</b>  <b>Land O'Lakes®</b> <b>Colby Cheese Stick</b>  100% Fruit Juice
9	10	11	12	13
<b>Sun Butter Cup</b>  <b>Honey Graham Crackers</b> Grape Jelly  100% Fruit Juice	<b>Sunshine Zucchini Loaf</b>  <b>Organic Stonyfield® Yogurt</b>  Fresh Fruit	<b>Whole Grain Bagel</b> with Cream Cheese & Jelly  Fresh Fruit	<b>New York Thursday</b>  <b>Yogurt Parfait</b>  <b>Fresh New York Apples</b>	<b>Assorted Muffins</b>  <b>Land O'Lakes®</b> <b>Mozzarella Cheese Stick</b>  100% Fruit Juice
16	17	18	19	20
<b>Fruity Cheerios®</b>  <b>Honey Graham Crackers</b>  100% Apple Juice	<b>Banana Muffin</b>  <b>Organic Stonyfield® Yogurt</b>  Fresh Fruit	<b>Whole Grain Bagel</b> with Cream Cheese & Jelly  Fresh Fruit	<b>New York Thursday</b>  <b>Upstate Farms®</b> <b>Yogurt Choice</b>  Served with Craisins & Granola  <b>New York Apple Slices</b>	<b>Blueberry Muffin</b>  <b>Land O'Lakes®</b> <b>Colby Cheese Stick</b>  100% Fruit Juice
23	24	25	26	27
<b>Sun Butter Cup</b>  <b>Honey Graham Crackers</b> Grape Jelly  100% Fruit Juice	<b>Sunshine Zucchini Loaf</b>  <b>Organic Stonyfield® Yogurt</b>  Fresh Fruit	<b>Whole Grain Bagel</b> with Cream Cheese & Jelly  Fresh Fruit	<b>New York Thursday</b>  <b>Yogurt Parfait</b>  <b>Fresh New York Apples</b>	<b>Assorted Muffins</b>  <b>Land O'Lakes®</b> <b>Mozzarella Cheese Stick</b>  100% Fruit Juice
30	31			
<b>Fruity Cheerios®</b>  <b>Honey Graham Crackers</b>  100% Apple Juice	<b>Banana Muffin</b>  <b>Organic Stonyfield® Yogurt</b>  Fresh Fruit		  EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	

<p><b><u>MILK</u></b></p> <p>1% Low-fat Fat Free Fat Free Chocolate</p>	<p><b><u>Fresh Fruit</u></b></p> <p><b><u>Canned Fruit</u></b> Peaches, Pears, Pineapples</p>	<p><b><u>OFFERED DAILY</u></b></p> <p>No Artificial flavors, colors, or sweeteners in all SchoolFood Products</p> <p>Breakfast Express Menu</p>	<p><b><u>Cold Cereal Choices</u></b></p> <p>Frosted Mini Wheats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats Back to the Roots® Organic Purple Corn Flakes &amp; Cinnamon Clusters</p>
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