



AUGUST 2017: Breakfast Express Menu

Monday	Tuesday	Wednesday	Thursday	Friday
 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	1 Whole Grain Bagel with Cream Cheese & Jelly Back to the Roots Organic Purple Corn Flakes Seasonal Fresh Fruit	2 Cherry Fruit Pocket Land O'Lakes® Mozzarella Cheese Stick Back to the Roots Organic Cinnamon Clusters 100% Fruit Juice	New York Thursday 3 Upstate Farms® Peach Yogurt Blueberry Granola Back to the Roots Organic Purple Corn Flakes Fresh New York Apples	4 Nature Valley™ Oats 'n Honey Granola Bar Land O'Lakes® Colby Cheese Stick 100% Fruit Juice
	7 Blueberry Yogurt Bread Land O'Lakes® Mozzarella Cheese Stick Back to the Roots Organic Cinnamon Clusters 100% Fruit Juice	8 Whole Grain Bagel with Cream Cheese & Jelly Back to the Roots Organic Purple Corn Flakes Seasonal Fresh Fruit	9 Apple Fruit Pocket Land O'Lakes® Cheddar Cheese Stick Back to the Roots Organic Cinnamon Clusters 100% Fruit Juice	New York Thursday 10 Upstate Farms® Cherry Vanilla Yogurt Apple Cinnamon Granola Back to the Roots Organic Purple Corn Flakes New York Apple Slices
14 Sunshine Zucchini Bread Land O'Lakes® Cheddar Cheese Stick Back to the Roots Organic Cinnamon Clusters 100% Fruit Juice	15 Whole Grain Bagel with Cream Cheese & Jelly Back to the Roots Organic Purple Corn Flakes Seasonal Fresh Fruit	16 Cherry Fruit Pocket Land O'Lakes® Mozzarella Cheese Stick Back to the Roots Organic Cinnamon Clusters 100% Fruit Juice	New York Thursday 17 Yogurt Parfait Honey Roasted Sunflower Seeds Back to the Roots Organic Purple Corn Flakes Fresh New York Apples	18 Nature Valley™ Oats 'n Honey Granola Bar Land O'Lakes® Colby Cheese Stick 100% Fruit Juice
21 Banana Yogurt Bread Land O'Lakes® Mozzarella Cheese Stick Back to the Roots Organic Cinnamon Clusters 100% Fruit Juice	22 Whole Grain Bagel with Cream Cheese & Jelly Back to the Roots Organic Purple Corn Flakes Seasonal Fresh Fruit	23 Apple Fruit Pocket Land O'Lakes® Cheddar Cheese Stick Back to the Roots Organic Cinnamon Clusters 100% Fruit Juice	New York Thursday 24 Upstate Farms® Strawberry Banana Yogurt Apple Cinnamon Granola Back to the Roots Organic Purple Corn Flakes New York Apple Slices	25 Whole Grain Croissant with Grape Jelly Honey Roasted Sunflower Seeds 100% Fruit Juice
28 Sunshine Zucchini Bread Land O'Lakes® Cheddar Cheese Stick Back to the Roots Organic Cinnamon Clusters 100% Fruit Juice	29 Whole Grain Bagel with Cream Cheese & Jelly Back to the Roots Organic Purple Corn Flakes Seasonal Fresh Fruit	30 Cherry Fruit Pocket Land O'Lakes® Mozzarella Cheese Stick Back to the Roots Organic Cinnamon Clusters 100% Fruit Juice	New York Thursday 31 Upstate Farms® Peach Yogurt Blueberry Granola Back to the Roots Organic Purple Corn Flakes Fresh New York Apples	September 1 Nature Valley™ Oats 'n Honey Granola Bar Land O'Lakes® Colby Cheese Stick 100% Fruit Juice

Offered Daily:

Milk (1% low fat, fat free), Fresh Fruit (Apples, Oranges, Bananas, Pears, Watermelon, Peaches, Plums, Nectarines), Canned Fruit, Assorted Cold Cereal

Cold Cereal Choices: Frosted Mini Wheats, Cinnamon Flakes, Multi-Grain Toasted Oats, Raisin Bran, Back to the Roots Organic Purple Corn Flakes, Back to the Roots Cinnamon Cereal

*Please pack Cream Cheese COLD with Milk

Summer Breakfast Express / Breakfast in the Classroom Menu



MENUS ARE SUBJECT TO CHANGE